

EASTERN COUNTIES CYCLING ASSOCIATION



Terry Anderson Memorial **10 miles Time Trials** **for Ladies, Solos and Tandems**

to be held on

Saturday 15th August 2020
Course E2/10 ~ Start at 2.00 pm



Timekeepers

Frida Wezel and Michael Keen

Awards

LADIES

SCRATCH: 1st: Boxed Medal. 2nd: Gilt Medal. 3rd: ECCA Medal.

HANDICAP: 1st: Boxed Medal. 2nd: Gilt Medal. 3rd: ECCA Medal.

JUNIORS: 1st: ECCA Medal.

TEAM: 1st Team of Three: ECCA Medals.

MEN (Members of ECCA Clubs only)

SCRATCH: 1st: Boxed Medal. 2nd: Gilt Medal. 3rd to 6th: ECCA Medal.

HANDICAP: 1st: Boxed Medal. 2nd: Gilt Medal. 3rd to 6th: ECCA Medal.

JUNIORS: 1st: ECCA Medal. 2nd: ECCA Medal

JUVENILES: 1st: ECCA Medal.

Terry Anderson Memorial Award

For the rider or riders nearest to the event average time
ECCA Boxed Medal

Event Headquarters

Westley Waterless Village Hall, CB8 0RG

Event Secretary: Rob Young, 3 Ridgeway, Hutton, Brentwood, Essex, CM13 2LS

Mobile: 07802 839714 Email: rob.young@containertrans.co.uk

**IT IS IMPERATIVE THAT YOU READ THE NOTES ON PAGE 2 WHICH
DETAIL THE ACTIONS NEEDED BECAUSE OF THE COVID 19 PANDEMIC**

COURSE DETAILS E2/10

Grid References Start: TL57345635 Finish: TL57085600

Interactive map: https://www.easterncounties.org.uk/maps.html?E2_10

START at paint mark at end of feeder road from West Wrattling, just before junction with A1304 (1 kerb joint before drain near "Give Way" Sign). Bear left onto A1304 and proceed onto A11 southbound. Continue to take slip road to Four Went Ways intersection (A1307) (M), and circle Elevated Roundabout (5.14 miles) Take fourth exit on to A11 northbound (M). Retrace to Six Mile Bottom where take A1304 slip road (M), to **FINISH** at paint mark 5 yards past end of island between old road and slip road (at sixth kerb joint past plastic phone indicator post marked "85/0")

- ❖ CTT has issued two PDF documents, a Covid-19 Risk Assessment and “Putting on a Cycling Time Trials Event during COVID19”, which you may have already seen. Rather than repeating everything here the documents have been included in your Start Sheet mailing and you should read them carefully. However the following points plus other instructions are of importance.
- ❖ **Competitors should not attend if they feel ill in ANY way especially if they or family members have any Covid 19 symptoms.**
- ❖ **AT NO TIME MUST RIDERS AND HELPERS GATHER IN GROUPS OF MORE THAN SIX. SOCIAL DISTANCING MUST BE OBEYED IN THE HQ, AT PARKING AREAS AND AT THE START.**
- ❖ Event Headquarters are at Westley Waterless Village Hall, near Newmarket (see map for directions). Hall will be open at 12 noon. **The car park is for use by officials only.** Please park outside the HQ grounds and only to the east of Village Hall. Please park sensibly and avoid blocking the pathways by not parking on the verges. Obey the 30 mph speed limit in the village. Please give consideration to all other road users in the area so ensuring that we will be able to continue using these Headquarters. **This is especially important with regards to horses and riders, give way, slow down and leave plenty of room.**
- ❖ **NO CHANGING FACILITIES WILL BE AVAILABLE AT THE HQ.** Separate Toilet facilities are available for men and women but only one person at a time is allowed in the respective room. Access is via the lobby next to the main door. To maintain distance, women will use the righthand side of the doorway and men the left with separate queues outside if necessary. Signing on and signing out will be in the hall and access is via the exits from the toilets or entrance lobby or as instructed on the day. Once again, one in – one out and queuing if necessary. Exit from the hall is via the fire exit at the end of the hall only. Riders should bring their own pen for signing in and out, numbers will be laid out individually and riders should only handle their own number and, if they haven't brought their own, any pins required. After the race the number may be placed in the discard container or taken home to be disposed of. To save excess traffic in the village there will be an alternative signing out form in the Start area. You can use either that or the one in the Hall.
- ❖ **NO SHOEPLATES or SMOKING in the Hall.**
- ❖ **It is also possible to park nearer the Start and Finish, in the road between Six Mile Bottom and West Wrattling. PARK HEAD TO TOE, NOT ALONGSIDE.**
- ❖ Start is about 4 miles from event HQ. To get to the Start, turn right out of Village Hall, left at crossroads then right at next crossroads to Six Mile Bottom. Turn left & proceed to the road leading to West Wrattling.
- ❖ **Static warm-ups are permitted but only if it possible to maintain social distancing from any passersby. Warming up can also be done in the road leading to West Wrattling but NOT on the race course.**
- ❖ **No more than three riders are allowed to queue at the start, so time your arrival accordingly. There will no Pusher-off. Any clothing, bottles, etc, left at the start will NOT be returned to Finish or HQ.**
- ❖ **On finishing the race, riders should not stop at the finish and should not loiter at the HQ or parking areas but sign out promptly and leave the race as soon as possible.**
- ❖ **There will be no refreshments at the HQ and no results displayed. Results will be published on the relevant websites once all are confirmed. DO NOT APPROACH THE TIMEKEEPERS.**
- ❖ **No support can be provided if a competitor suffers mechanical difficulties. It is strongly advised that all competitors carry with them a spare inner-tube/tubular, pump and tyre levers if required.**
- ❖ **It is strongly advised that all competitors carry a mobile phone and take with them the telephone number of the event organiser. Please telephone the organiser if you have failed to finish the event.**

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a **HARD SHELL SAFETY HELMET** that meets an internationally accepted safety standard. **ALL juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.**

Riders are reminded that no competitor shall be allowed to start an event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.

REMEMBER: NO LIGHT – NO RIDE

There was a massive number of entries, totaling 218 over the three events. Although entry to the Men's event is restricted to members of clubs affiliated to the ECCA, because of the Covid-19 lockdown and loss of events, a special one-time offer was made to non-ECCA riders who would be accepted subject to space being available and they would not be eligible for prizes. No ECCA riders were rejected apart from 2 who did not want to be reserves. That is why there are 14 very fast riders in the Reserves.

For full details of future ECCA events and results of past events go to www.easterncounties.org.uk where you will find this information plus lists of officials and member clubs. You will also see details of the Bolton Fund which can provide financial assistance for riders in member clubs to achieve certain cycling ambitions.

Unable to ride? Please contact the [Organiser](#) or [Webmaster](#) as soon as possible so that a Reserve may be allocated a Start Time. With only 6 days before the Race, early notification is very important.

If possible, reserves will be told of their starting position before the race but it may be that spaces will not be available until the race. **All riders should sign on at least 30 minutes before their start time after which their position could be allocated to a reserve.** Reserves should report and sign on and wait to be allocated a starting position.

LONDON EAST LOCAL REGULATIONS

4.7 No Warming Up by competitors on the course once the event has started.

4.8.1 Marshals placed to direct competitors off the main carriageways must not stand at the apex between the carriageway and the slip road, but should be located at the beginning of the slip road.

4.8.2 No U-Turns are allowed within sight of either the start or finishing points. Riders carrying out this dangerous manoeuvre are liable to disqualification from the event and further disciplinary action by the District Committee.

4.8.5 Riders are reminded that dropping litter (such as energy gel wrappers) is a criminal offence and offenders will be liable to disciplinary action by the District Committee.

RIDERS' NOTES

The event has been handicapped using the Standardised Handicapping System modified for ECCA events. Please notify Organiser of any improvement in PB.

No parking at the finish, other than timekeepers. Parking is available at and near the Event H.Q. and in the road to West Wrattling.

Body numbers will be available at the Event HQ and must be personally signed for after reading any special course instructions.

All competitors are reminded to personally sign the signing-out sheet after they have finished, otherwise they may be recorded as DNF.

Your Safety

At the roundabout turn you should get to the middle of the roundabout as soon as it is safe to do so. If you ride on the outside of the roundabout you are at risk from vehicles leaving at each exit. You **MUST** give way to any vehicle from the right and you should **NOT** enter the roundabout if the way is not clear.

Tandem				
No	Start	Names	Club	Cat
1	14:01	Jeanette Degiorgio Michael Savage	Crest CC	WV V

Open Ladies						
No	Start	Name	Club/Team	Cat	Hcap	PB
2	14:02	Caroline Harding	Velo Club St Raphael	WV	*	
3	14:03	Vida Sutova	Redbridge CC	WV	9:14	23:53
4	14:04	Phoebe Roche	WXC World Racing	WG	11:54	26:44
5	14:05	Wendy Gooding	Team Bottrill	WV	7:14	21:45
6	14:06	Lindsay Clarke	Fenland Clarion CC	WV	7:28	21:59
7	14:07	Deborah Sheridan	Warwickshire Road Club	WV	8:38	23:14
8	14:08	Linda Hones	Newmarket Cycling & Triathlon Club	WV	9:41	24:22
9	14:09	Amy Marks	Team LDN	W	*	
10	14:10	Jennifer George	MEMORIAL - SANTOS	W	6:21	20:48
11	14:11	Kirsty McSeveney	...a3crg	W	7:22	21:53
12	14:12	Amy Pritchard	Giant Camden Team Liv	WV	7:57	22:31
13	14:13	Katie-Ann Elliston	Southend Wheelers	WJ	8:57	23:35
14	14:14	Jennie Page	Southend Wheelers	WV	9:52	24:34
15	14:15	Mathilde Pauls	1904RT	W	6:53	21:22
16	14:16	Louise Robinson	Essex Roads CC	WV	7:26	21:57
17	14:17	Laura Massey	Cambridge CC	W	8:26	23:02
18	14:18	Isabella Torrie	Datalynx-Parenesis Cycling	W	9:36	24:17
19	14:19	Karen Stuart-Smith	Bicester Millennium CC	WV	15:24	30:30
20	14:20	Jennifer Millmore	Islington Cycling Club	W	6:19	20:46
21	14:21	Eva Callinan	Liv AWOL	WJ	7:18	21:49
22	14:22	Julia Freeman	Easterley Road Club	WV	7:43	22:16
23	14:23	Sally Withey	Team Swift	WV	8:55	23:33
24	14:24	Louise Douglass	Essex Roads CC	W	10:11	24:54
25	14:25	Faye Faber	CycleCoach.com	W	6:45	21:13
26	14:26	Jennifer Allum	TORQ Performance	W	7:23	21:54
27	14:27	Jennifer Andrews	1904RT	WV	8:21	22:56
28	14:28	Lisa Lait	Peterborough CC	WV	9:27	24:07
29	14:29	Donna Hayman	Newmarket Cycling & Triathlon Club	WV	12:13	27:05
30	14:30	Angela Carpenter	...a3crg	WV	6:18	20:45
31	14:31	Sally Turner	trainSharp	WV	7:14	21:44
32	14:32	Susan Triplow	CC Sudbury	WV	7:39	22:11
33	14:33	Ann Shuttleworth	Cambridge CC	WV	8:30	23:06
34	14:34	Melanie Evans	Velo-One Cycling Team	WV	11:10	25:57
35	14:35	Lauren Kirchel	Chelmer CC	W	6:42	21:10
36	14:36	Sophie Lewis	Flamme Rouge Cycling Team	WJ	7:30	22:02
37	14:37	Kerry Tate	Newmarket Cycling & Triathlon Club	W	7:58	22:32
38	14:38	Helen Gravatt	CC Ashwell	WV	9:19	23:58
39	14:39	Christine Lutsch	Windrush Triathlon Club	W	11:56	26:47
40	14:40	Alice Lethbridge	DRAG2ZERO	W	5:18	19:40
41	14:41	Helen Reynolds	Hemel Hempstead CC	WV	6:57	21:26

Men						
No	Start	Name	Club/Team	Cat	Hcap	PB
42	14:42	Norman King	St Neots CC	V	14:00	28:59
43	14:43	Patrick Charlton	Wolsey RC	V	7:42	22:15
44	14:44	Mark Edmonds	Shaftesbury CC	V	8:24	23:00
45	14:45	Glenn Taylor	Shorter Rochford RT	V	5:51	20:16
46	14:46	Ian Short	Team Salesengine.co.uk	V	6:21	20:48
47	14:47	David Cook	Bedfordshire Road RT	V	7:11	21:41
48	14:48	Wolfgang Emmerich	London Phoenix CC	V	9:30	24:10
49	14:49	Alexander Flin	Shaftesbury CC	J	10:58	25:44
50	14:50	Chris Potter	CC Ashwell	S	5:21	19:43
51	14:51	Paul French	Bedfordshire Road RT	V	6:04	20:30
52	14:52	John Manlow	Ely & District CC/B&T Motor Repairs	V	6:50	21:19
53	14:53	Noel Toone	Kettering CC	V	7:42	22:15
54	14:54	Adrian McHale	Peterborough CC	V	9:18	23:57
55	14:55	Arron Green	North Norfolk Whs	S	5:50	20:14
56	14:56	Geoff Reynolds	Hemel Hempstead CC	V	6:19	20:46
57	14:57	Martin Atkinson	Peterborough CC	V	7:09	21:39
58	14:58	Steve Shore	Southend Wheelers	V	8:19	22:54
59	14:59	Steven Flin	Shaftesbury CC	V	10:35	25:20
60	15:00	Kevin Hobbs	Peterborough CC	V	5:21	19:43
61	15:01	Thomas Carroll	CC Breckland	S	6:02	20:27
62	15:02	Sean O'Sullivan	Eagle Road Club	S	6:45	21:13
63	15:03	Richard Crook	Fenland Clarion CC	S	7:32	22:04
64	15:04	Peter Anstey	Welwyn Whs	V	9:08	23:47
65	15:05	Samuel Thienel	Shaftesbury CC	S	5:50	20:14
66	15:06	Alister Campbell	Eagle Road Club	V	6:21	20:48
67	15:07	Nick Hickman	Team Salesengine.co.uk	V	7:03	21:33
68	15:08	Richard Berry	Twickenham CC	V	8:18	22:53
69	15:09	John Curtin	Hitchin Nomads CC	V	11:46	26:36
70	15:10	David Harding	Chelmer CC	S	4:55	19:16
71	15:11	Simon Scott	Anglia Velo	V	6:01	20:26
72	15:12	Keith Stockwell	Welwyn Whs	V	6:44	21:12
73	15:13	Robert Pisolkar	Shaftesbury CC	V	7:28	21:59
74	15:14	John Royle	Fenland Clarion CC	V	9:13	23:52
75	15:15	Matt Meek	Newmarket Cycling & Triathlon Club	S	5:50	20:14
76	15:16	Gary Record	West Kent RC	S	6:24	20:51
77	15:17	Adrian Gorham	Kettering CC	V	7:00	21:29
78	15:18	Anthony Bye	Wisbech Whs	V	8:15	22:50
79	15:19	Andrew Porter	Welwyn Whs	V	11:27	26:16
80	15:20	Graeme Garner	Essex Roads CC	V	5:17	19:39
81	15:21	Graham Rudd	API-Metrow	V	5:57	20:22
82	15:22	Duncan Emery	Twickenham CC	V	6:42	21:10
83	15:23	Will Shepherd	Ely & District CC/B&T Motor Repairs	V	7:19	21:50
84	15:24	Martin Meades	Ciclos Uno	V	8:58	23:36
85	15:25	David Warlow	Essex Roads CC	V	5:48	20:12
86	15:26	Harrison Powell	Lee Valley Youth CC	J	6:20	20:47
87	15:27	Mark Endersby	Anglia Velo	V	6:56	21:25
88	15:28	Steve Clarke	Fenland Clarion CC	V	8:13	22:48
89	15:29	Paul Looke	Shaftesbury CC	V	11:12	25:59
90	15:30	Martin Reynolds	Cambridge CC	V	5:14	19:36
91	15:31	Alfie Salmon	Lee Valley Youth CC	J	5:57	20:22
92	15:32	Paul Lunn	Fenland Clarion CC	V	6:38	21:06
93	15:33	Martin Bullen	Peterborough CC	V	7:17	21:48
94	15:34	Neil Davies	Lea Valley CC	S	8:55	23:33
95	15:35	Terry Garlinge	Easterley Road Club	V	5:40	20:04

Men						
No	Start	Name	Club/Team	Cat	Hcap	PB
96	15:36	Antony Brown	Kettering CC	V	6:24	20:51
97	15:37	Scott Beard	Shaftesbury CC	V	6:53	21:22
98	15:38	James Walsgrove	Ride Harder	V	8:02	22:36
99	15:39	Jim Robertson	St Neots CC	V	12:00	
100	15:40	William Wallace	CC London	V	5:12	19:34
101	15:41	Simon Murphy	St Neots CC	V	5:57	20:22
102	15:42	Neil Dowie	Shorter Rochford RT	V	6:36	21:04
103	15:43	Gary Patmore	Bedfordshire Road CC	S	7:16	21:47
104	15:44	Dominic Whitehead	St Ives CC	V	8:44	23:21
105	15:45	Michael Schofield	Bishop's Stortford CC	V	5:39	20:03
106	15:46	Colin Lizieri	Cambridge CC	V	6:18	20:44
107	15:47	Michael Cope	Kettering CC	V	6:51	21:20
108	15:48	Daniel Wolman	London Phoenix CC	S	8:04	22:38
109	15:49	Danny Roach	Redbridge CC	V	11:53	26:43
110	15:50	Peter Harding	Chelmer CC	S	5:03	19:24
111	15:51	Matthew Peck	Ipswich BC	S	5:56	20:21
112	15:52	Hugo Hocknell	Team Salesengine.co.uk	V	6:35	21:03
113	15:53	John Sellars	London Phoenix CC	V	7:16	21:47
114	15:54	Matthew Garfield	Peterborough CC	V	8:39	23:16
115	15:55	Matthew Saunders	Team Vision Racing - Silverhook	V	5:33	19:56
116	15:56	Sam McDonald	St Neots CC	S	6:17	20:43
117	15:57	Rafal Radziej	Ciclos Uno	S	6:51	21:20
118	15:58	Gary Jackson	Shaftesbury CC	V	7:53	22:26
119	15:59	Harry Garfield	Peterborough CC	J	9:36	24:17
120	16:00	Aaron Freeman	Chelmer CC	J	5:03	19:24
121	16:01	Malcolm Smith	Peterborough CC	V	5:56	20:21
122	16:02	Patrick Ellerbeck	St Neots CC	V	6:34	21:02
123	16:03	Roger Sewell	Wisbech Whs	V	7:15	21:46
124	16:04	Andrew Merchant	Southend Wheelers	V	8:38	23:15
125	16:05	Tim Phillips	St Ives CC	V	5:33	19:56
126	16:06	Craig Chappell	Team Vision Racing - Silverhook	V	6:17	20:43
127	16:07	Cameron Walker	St Ives CC	S	6:46	21:15
128	16:08	Simon Richardson	St Neots CC	V	8:03	22:37
129	16:09	Andrew Grant	Chelmer CC	V	10:23	25:07
130	16:10	Julian Elliott	Finsbury Park CC	V	5:01	19:22
131	16:11	James Scarth	Bishop's Stortford CC	V	5:55	20:20
132	16:12	Adrian Gower	Bedfordshire Road CC	V	6:33	21:01
133	16:13	Aidan Kerrigan	Lee Valley Youth CC	J	7:15	21:46
134	16:14	Hamish Brown	GS Avanti	V	8:36	23:12
135	16:15	Matt Donovan	Bedfordshire Road RT	S	5:30	19:53
136	16:16	Daniel Homer	London Phoenix CC	V	6:16	20:42
137	16:17	Gary Pamment	CC Sudbury	V	6:49	21:18
138	16:18	John Iszatt	Team Vision Racing - Silverhook	V	8:10	22:45
139	16:19	Brian Seward	Fenland Clarion CC	V	10:22	25:06
140	16:20	Ben Stancombe	Peterborough CC	S	4:51	19:11
141	16:21	Matthew Lord	Lee Valley Youth CC	J	5:55	20:20
142	16:22	Ian Cardy	Chelmer CC	V	6:33	21:01
143	16:23	Chris Nudds	CC Breckland	V	7:14	21:44
144	16:24	Ian Aunger	Fenland Clarion CC	V	8:28	23:04
145	16:25	Robert Golding	Ely & District CC/B&T Motor Repairs	V	5:24	19:47
146	16:26	Michael Martin	CC Ashwell	V	6:15	20:41
147	16:27	Gary Johnson	CC Sudbury	V	6:49	21:18
148	16:28	Hugh Williams	Redbridge CC	V	7:42	22:15
149	16:29	Roger Chappell	Team Vision Racing - Silverhook	V	10:17	25:01
150	16:30	Paul Pardoe	Peterborough CC	S	4:16	18:34

Men						
No	Start	Name	Club/Team	Cat	Hcap	PB
151	16:31	Darren Davis	West Suffolk Wheelers	V	5:53	20:18
152	16:32	Derek Ricketts	Ely & District CC/B&T Motor Repairs	V	6:33	21:01
153	16:33	Adam Bishop	Lea Valley CC	V	7:14	21:45
154	16:34	Vojtech Blazejovsky	PMR	S	8:24	23:00
155	16:35	Paul Schofield	St Ives CC	V	5:23	19:46
156	16:36	Trevor Phillips	Essex Roads CC	V	6:11	20:37
157	16:37	Anthony Aken	6AM Cycling	S	6:49	21:18
158	16:38	Brandon Baldacci	Lee Valley Youth CC	J	7:37	22:09
159	16:39	James Sale	Eagle Road Club	S	10:16	25:00
160	16:40	Matthew Senter	Peterborough CC	V	4:15	18:33
161	16:41	Ronnie Stone	Islington Cycling Club	V	5:53	20:18
162	16:42	Adam Hardy	Crest CC	V	6:30	20:57
163	16:43	Roger Porter	Verulam CC	V	7:14	21:45
164	16:44	Bob Quarton	Wolsey RC	V	8:24	23:00
165	16:45	Robert Watson	Cambridge CC	V	5:23	19:46
166	16:46	Kevin Wilson	Crest CC	S	6:04	20:30
167	16:47	James Boardley	Peterborough CC	V	6:49	21:18
168	16:48	Neal Marrin	Finsbury Park CC	V	7:33	22:05
169	16:49	Brian Martin	Ciclos Uno	V	10:33	25:18
170	16:50	Simon Norman	Bedfordshire Road RT	V	4:12	18:30
171	16:51	Richard O'Rourke	Team Vision Racing - Silverhook	V	5:52	20:17
172	16:52	Paul Rooke	West Suffolk Wheelers	V	6:29	20:56
173	16:53	Steve Smith	Redbridge CC	V	7:13	21:43
174	16:54	Graham Pepperdine	Verulam CC	V	8:24	22:59
175	16:55	Adam Fisher	Cambridge CC	S	5:21	19:43
176	16:56	Martin Canes	Chelmer CC	S	6:04	20:29
177	16:57	Barry Holderness	Essex Roads CC	V	6:47	21:16
178	16:58	Marek Sasura	GS Avanti	V	7:38	22:10
179	16:59	Stephen Watson	Hertfordshire Whs	V	9:34	24:14
180	17:00	Charlie Bailey	Lee Valley Youth CC	J	4:10	18:27
Reserves						
181		Philip Elms	Bishop's Stortford CC	V	*	
182		George Fox	45 RC	S	3:56	18:12
183		Oscar Nilsson-Julien	VC de Londres	J	4:08	18:25
184		Thomas Day	Zannata Galloo Team	J	4:09	18:26
185		Andrew Hastings	Haste CC	V	4:21	18:39
186		Alastair Luxford	Full Gas Racing Team	S	4:48	19:08
187		James Gelsthorpe	Velo-One Cycling Team	S	4:49	19:09
188		Sam Wightman	Team Bottrill	V	5:10	19:32
189		Oliver Stockwell	Flamme Rouge Cycling Team	J	5:11	19:33
190		Alex Doherty	DRAG2ZERO	S	5:13	19:35
191		Jacob Bush	Bourne Wheelers	B	5:17	19:39
192		Timothy Torrie	TBW23 Stuart Hall Cycling Gett Taxi	S	5:21	19:43
193		Dave Bell	Cambridge University CC	S	6:14	20:40
194		Alex Galpin	Bourne Wheelers	B	7:12	21:42
195		Dan Galpin	Bourne Wheelers	B	7:27	21:58